

Together Apart Districts FAQs

We have received some questions recently regarding maximum numbers attending events, travel restrictions and physical distancing measures across all age groups. Below are answers to some of the most frequently asked questions.

Q. How many athletes can attend my Together Apart event?

A. Current guidance, which applies to some islands now and is expected to include the rest of Scotland from 26th April, states that **200 athletes** can attend an event on a single day. Volunteers and officials are **not** included in this number but should be kept to a minimum. Spectators should not be permitted, although a parent/guardian may chaperone/support a young athlete or athlete with additional needs.

Q. How do travel restrictions affect events?

A. In level 3 and below, athletes of all ages will be able to travel throughout Scotland for training and competition. We still recommend that athletes take advantage of local opportunities where possible, avoiding or limiting travel where possible. National guidance for travel should be followed at all times.

Q. Do athletes have to maintain physical distancing at the event?

A. In levels 2 and 3, athletes should maintain physical distancing at all times outside of the competition area. This includes all areas such as arrival, declarations, warm up and cool down.

For under 18s, physical distancing is suspended within competition bubbles (of up to 30 athletes) on the field of play in both levels 2 and 3. This means under 18s do not need to maintain physical distancing with others in their event whilst competing.

For athletes 18+, physical distancing is suspended within competition bubbles (of up to 30) on the field of play in level 2 and below only. In level 3, physical distancing is still required in any event where participants may come into physical contact. This means races run in lanes and field events where athletes complete their trial individually can take place as normal in level 3, but middle distance and longer track events should not be staged for athletes aged 18+. Clubs could offer individual time trials or laned 800m races if they wish, but physical distancing must be able to be maintained whilst still in level 3.

	Level 3		Level 2	
	U18	18+	U18	18+
Throws	✓	✓	✓	✓
Jumps	✓	✓	✓	✓
Races up to 400m run in lanes	✓	✓	✓	✓
Races over 400m run out of lanes	✓	x	✓	✓

Q. Can athletes participate in more than one event in the Together Apart Series?

A. Athletes can be a part of only one competition bubble per day in levels 2 and 3. This means they should not join another bubble to participate in a different event. Should multiple athletes wish to compete in the same two events, you could create a competition bubble of, for

example, 100m and 200m runners who would compete in both events as part of the same group. You could also offer different events on different days, eg. Saturday and Sunday or different training nights so that athletes can participate in more than one competition bubble over different days.

Q. Are there any exceptions to these restrictions?

A. Identified athletes on a performance pathway will have exemptions to some of the restrictions affecting sport. This includes travel allowances and the suspension of physical distancing in competition at specific, approved events. If you believe that any of the athletes participating in your club event will qualify for these exemptions and you would like more information on how this may affect your event, please get in touch with us.

Please remember that guidance is updated regularly, and organisers should check back for any changes as their event date approaches. The latest guidance can be found on our website here: <https://www.scottishathletics.org.uk/clubs/club-support/coronavirus/>

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